### Inspiring Seasonal Items:

Organic Burgundy & Green Okra (Comanche Creek)

Organic Red Noodle Chinese Long Beans (Comanche Creek)

Organic Lemon Cucumbers (Comanche Creek)

Organic Yellow Gypsy Peppers (Comanche Creek)

Organic Jimmy Nardello Sweet Peppers (Comanche Creek)

Organic (Hot) Cherry Peppers (Comanche Creek)

Organic Jalapenos & Red Fresnos (Comanche Creek)

Organic single layer Red Beefsteak Tomatoes (Comanche Creek)

Organic Early Girl Tomatoes (Comanche Creek)

Organic Brandywine Tomatoes (Comanche Creek)

Organic Gold Jubilee Tomatoes (Comanche Creek)

Organic Green (unripe) Tomatoes (Comanche Creek)

Organic Lemon Boy Tomatoes (Comanche Creek)

Organic Green Zebra Tomatoes (Comanche Creek)

Organic Mixed Melons (Full Belly Farms)

Organic Purple Cherokee Tomatoes (Full Belly Farms)

Organic Rosa Bianca Eggplant (Full Belly Farms)

Organic Galia Melons (Full Belly Farms)

Organic Yellow Doll Watermelons (Full Belly Farms)

Dwelley Farms Romano Beans (CA)

Pickling Cucumbers (CA)

Acorn, Kabocha & Spaghetti Squash (CA)

Boysenberries (WA)

Finger Limes (CA)

Jerusalem Artichokes/Sunchokes (Fresno)

Belgian Endive (Belgium)









### Quality and Product News:

**Artichokes:** Spring flush is over. Supplies are spotty, & Coke Farms is all but done with Organic 'Chokes; we'll source out different labels/varieties to cover demand as possible.

**Belgian Endive Update:** Local White & Red Endive supply will be very limited over the next 2-3 weeks. The roots have been weak this year resulting in lower yields. California Endive Farms will be doing work to their facility to correct this. We have some imported White Endive to help cover your needs.

**Boysenberries:** Expecting limited quantities this week from the Northwest; because Boysenberries are delicate, we're selling per 6x1 pint case.

Figs: Both conventional & Organic are now gapping for 3 weeks before their primary crop starts up (formed on this season's wood), which normally runs through September, weather depending.

**Lemons:** CA crops finished for the season; supply is limited to start the week. New crop Chilean Lemons due in by end of this week. Very strong market.

**Stonefruit Update:** Coke Farm's Organic Blenheim Apricots in stock this week, short season. Frog Hollow Organic Yellow Peach varieties this week include both Suncrest & Elegant Lady. Both of these mid-season varieties are free-stone. Also, Farmer Al's Organic Santa Rosa Plums are in stock! Yellow Nectarines will be starting this Tuesday.

### **Product Alerts:**

### Gapping

Conventional Honey Gem Lettuce
Asian Hosui Pears
Knoll Figs
Jumbo & Medium Garnet Yams
Jewel Yams
English Peas
Organic Delicata Squash

### Limited

Lemons
Sweet Gem Lettuce
Pencil Asparagus
Local White Endive
Local Red Endive

#### Done

Organic Cardoon & Loose Arugula (Knoll Farms)









## Farm Spotlight: Comanche Creek Farm



Jim Miller started Comanche Creek Farms just south of Chico in Butte County. The farm is located in the Northern Sacramento Valley in a riparian area between Highway 5 and 99 where the soil is full of minerals. Butte Creek runs nearby and the overflow has greatly enriched the soil over the years.

The deep-seated philosophy underlying the farm is a great respect for the environment and this has led to the adoption of many organic methods of farming. Jim grows cover crops to aid and maintain soil fertility he uses only natural methods of pest control and recycles natural materials back into the soil.

The initial desire was to grow the best tasting and healthiest produce possible for the Miller family. One year Jim and his family were eating at Mendocino restaurant and knew Comanche Creek tomatoes were much better than what the restaurant was serving. The chef agreed and a business was born.

Experimenting to find the best vegetable varieties (Comanche Creek grows tomatoes, herbs, peppers, squash and melons, as well as other seasonal produce) for the farm lead to the

capacity to supply more local restaurants.

## Organic Caprese Tomatoes Item #8144 \$42.00 12lb pack

## Organic Lemon Cucumbers Item #944 \$34.50 10lb pack

## Organic #2 Mixed Heirloom Tomatoes

Item #10891 \$36.50 10lb pack

\*Price Effective 7.2.18 thru 7.15.18









### Cheese & Specialty News

#### News:

- -Prices on TCHO chocolate are rising because they moved their shipping location and more freight will be added on to the cost.
- -Emmi Swiss Gruyere is on special for \$12.15/lb!
- -Creminelli Coppa will be out of stock while it finishes aging.
- -Guittard chocolates is back in inventory!
- -Marshall Farms honey comb is out until the bees are ready to give us some.
- -Oakdale Gouda is currently aging and will be ready in the next month.
- -Bellwether Farms is running low on Sheep and Jersey Ricotta. Until they can produce more of their hard cheese, the whole jersey ricotta will be the only one available with any regularity.
- -New Items:
- -#12429 Rustic Bakery Citrus Ginger Crisps are here in a 4x1lb case.
- -Harmless Harvest Org Coconut Water in a 12x8.5oz case #12413. This is one of the freshest and most sustainable coconut waters on the market. It's so pure, you may see a pink tinge to it due to naturally occurring oxidation. Keep refrigerated.
- -#12406 Grated cotija from local superstars, Queso Salazar.
- -#12416 via preorder, locally made fresh Bao Buns. These are the flat version that complement a Peking duck. You may have seen this traditional Chinese snack steamed and filled with bbq pork.
- -New Chevoo flavors are in. #12367 is a Honey and Tupelo lime marinated goat cheese cubes and #12368 is creamy herbed goat cheese spread.
- -Can't get enough gochujang? Now in stock, a 20lb tub of this Korean cooking ingredient from our beloved local Sinto Gourmet. # 12360
- -We are very excited to be selling French baguettes from Boulart. Fully baked then frozen, simply slack out before serving #12296. Contact your sales rep for more information.











# Sebastopol MICROGREENS



### GREENLEAF

Providing Ingredients that Matter



### BEST OF THE WEEK 7-8-18



Thai Basil 11299

**Violas** 

1302



**Blooming Citrus** Lace 11755



**Burgundy** Kale 11702

#### **Greenleaf Ordering Schedule:**

- ◆ Order by Friday noon for delivery on Sunday or Monday.
- Order by Monday noon for delivery on Wednesday.
- ◆ Order by Wednesday noon for delivery on Friday.



Arugula



**Carrot** 



Shiso 10844



**Purple Radish** 10924



10988



11440



Crimson Mustard 11666



**Cilantro** 11226



Basil. Italian Genovese 10779



**Opal Basil** 10883



**Empress of** India **Nasturtiums** 11151



**Sunflower** 10972



**Spicy** Mix Mustard 10873



Citrus Lace 10843



Pea **Shoots** 10781



Shungiku 10869



Chard 12060



**Fennel** 10894



**Frilly** Pea 10826



Garnet **Amaranth** 10780



Red **Veined** Sorrel 10895



**Parsley** 12447



Lemon Basil 10795



Mint 11642

